

Week 3



Daily Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| B R E A K F A S T | <p>Bagels with Cream Cheese & Fruit</p> <p>*Served with Milk</p> | <p>French Toast with Fruit</p> <p>*Served with Milk</p> | <p>Egg & cheese Breakfast Burritos with Salsa & Fruit</p> <p>*Served with Milk</p> | <p>Whole Wheat Waffles with Fruit</p> <p>*Served with Milk</p> | <p>Cheerios with Fruit</p> <p>*Served with Milk</p> |
| L U N C H | <p>Bean & Cheese Burritos with Vegetables & fruit</p> <p>*Served with Milk</p> | <p>Pesto Chicken Pasta, Vegetables & Fruit</p> <p>*Served with Milk</p> | <p>Homemade Turkey Chili with Cornbread, Vegetables & Fruit</p> <p>*Served with Milk</p> | <p>Broccoli & Cheese Quiche with Brown Rice & Fruit</p> <p>*Served with Milk</p> | <p>Breaded Chicken Strips, Mashed Potatoes, & Fruit</p> <p>*Served with Milk</p> |
| S N A C K | <p>Rice Cakes & Fruit</p> <p>*Served with Water</p> | <p>Yogurt with Graham Crackers</p> <p>*Served with Water</p> | <p>String Cheese & Sliced Bell Peppers</p> <p>*Served with Water</p> | <p>Hummus with vegetables</p> <p>*Served with Water</p> | <p>Cottage Cheese with Crackers</p> <p>*Served with Water</p> |

The Acorn School provides whole milk to children 1-2 years of age and 1% milk to children 2 years and older.

* Soy milk is available upon request.

Allergies and other dietary restrictions will be accommodated with adequate substitutions.

The Acorn School participates in the Child and Adult Care Food Program. In accordance with Federal Law and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

