

Week 2



Daily Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
B R E A K F A S T	Breakfast Quinoa Porridge with Fruit *Served with Milk	Homemade Wheat French Toast with Fruit *Served with Milk	English Muffins with Jelly & Turkey Sausage *Served with Milk	Scrambled Eggs with Toast & Fruit *Served with Milk	Yogurt & Homemade Granola *Served with Milk
L U N C H	Potato Pancakes with turkey sausage, applesauce, and bread *Served with Milk	Turkey falafel balls, pita, cucumber yogurt sauce, vegetable & fruit *Served with Milk	Grilled Cheese Sandwiches with Fresh Salad & Fruit *Served with Milk	Turkey Meatloaf with Mashed Potatoes, vegetables, & fruit *Served with Milk	Chicken & Cheese Quesadillas with Black Beans, Vegetables & Fruit *Served with Milk
S N A C K	Crackers & Cheese *Served with Water	Soft Pretzel Bites & Applesauce *Served with Water	Yogurt with Berries *Served with Water	Animal Cracker with Fruit *Served with Water	Hardboiled Eggs with Crackers *Served with Water

The Acorn School provides whole milk to children 1-2 years of age and 1% milk to children 2 years and older.

* Soy milk is available upon request.

Allergies and other dietary restrictions will be accommodated with adequate substitutions.

The Acorn School participates in the Child and Adult Care Food Program. In accordance with Federal Law and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

