

**Week 4**



*Fall & Winter* **Daily Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>B</b>	Yogurt & granola with fruit & milk	Oatmeal with Raisins, Fruit, & milk	Scrambled eggs, potatoes, bread, & milk	Biscuits & turkey sausage with fruit & milk	Whole wheat French toast with fruit & milk
<b>R</b>					
<b>E</b>					
<b>A</b>					
<b>K</b>					
<b>F</b>					
<b>A</b>					
<b>S</b>					
<b>T</b>					
<b>L</b>	Pesto chicken pasta, vegetables, fruit, & milk	Turkey meatloaf with mashed potatoes, vegetables, fruit, & milk	Homemade minestrone soup with whole grain bread, fruit, & milk	Spaghetti with turkey meatballs, vegetables, fruit, & milk	Southwest chicken fajita wraps, vegetables, fruit, & milk
<b>U</b>					
<b>N</b>					
<b>C</b>					
<b>H</b>					
<b>S</b>					
<b>N</b>					
<b>A</b>					
<b>C</b>	Cherry Tomatoes with Mozzarella Cheese	Rice Cakes & Fruit	Crackers & assorted veggies with ranch	Applesauce with Graham Crackers	Mini Bagels & Sliced Cheese
<b>K</b>					

The Acorn School provides whole milk to children 1-2 years of age and 1% milk to children 2 years and older.

\* Soy milk is available upon request.

Allergies and other dietary restrictions will be accommodated with adequate substitutions.

The Acorn School participates in the Child and Adult Care Food Program. In accordance with Federal Law and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

