

**Week 1**



*Fall & Winter* **Daily Menu**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>B</b>	Whole wheat pancakes, fruit, & milk	Homemade muffins, yogurt, fruit, & milk	Apple cinnamon oatmeal, fruit, & milk	Scrambled eggs with wheat toast, fruit, and milk	Cheerios, fruit, & milk
<b>R</b>					
<b>E</b>					
<b>A</b>					
<b>K</b>					
<b>F</b>					
<b>A</b>					
<b>S</b>					
<b>T</b>					
<b>L</b>	Parmesan chicken with pasta, vegetables, fruit, & milk	Lentil Soup, Cheese Quesadillas, Vegetables, Fruit, & milk	Chicken sausage with pasta & marina, vegetables, fruit, & milk	English muffin pizzas with vegetables, fruit, & milk	Taco casserole with vegetables, fruit, & milk
<b>U</b>					
<b>N</b>					
<b>C</b>					
<b>H</b>					
<b>S</b>					
<b>N</b>					
<b>A</b>					
<b>C</b>	Cherry tomatoes & mozzarella cheese	Homemade Chex mix with fruit	Turkey & cheese with crackers	Homemade hummus with pita bread	Hard boiled eggs with crackers
<b>K</b>					

The Acorn School provides whole milk to children 1-2 years of age and 1% milk to children 2 years and older.

\* Soy milk is available upon request.

Allergies and other dietary restrictions will be accommodated with adequate substitutions.

The Acorn School participates in the Child and Adult Care Food Program. In accordance with Federal Law and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

